

Certificate in Principles of Care Planning – Level 2

Who is the course for?

This course is an introduction to the principles and practice of person-centred care planning and the values that underpin the planning process. It will look at the role of the care worker and explore nutrition and hydration in health and social care settings.

Aimed at those who work in the care sector, this nationally recognised qualification is a good overview for those who need to support individuals.

What are the benefits of doing this course?

The course will look at the principles and processes of person-centred thinking, planning and reviews. It will cover the context in which person-centred thinking and planning takes place and explore individual roles in the planning process.

The course will also introduce practical areas of health and social care, including the principles and practices in these areas. It explores the areas of personal hygiene, continence and sleep, and how they can be supported in health and social care settings.

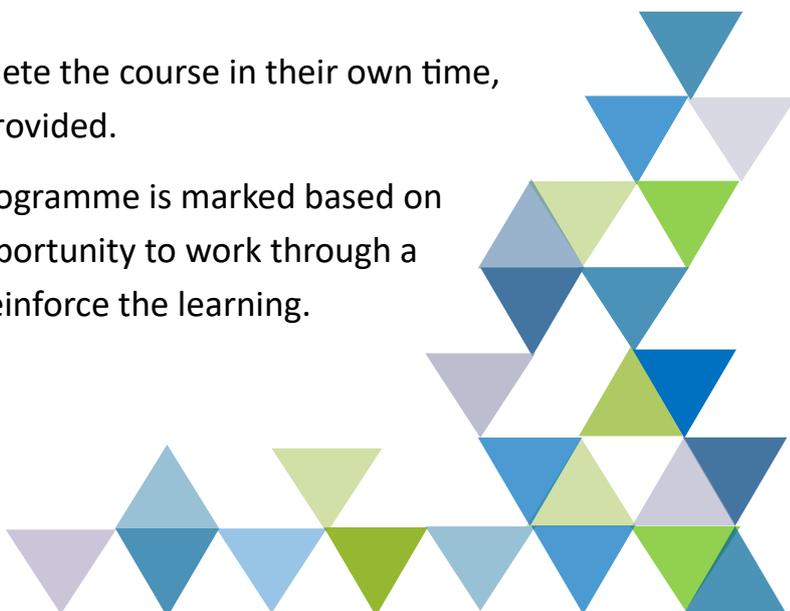
Progression opportunities

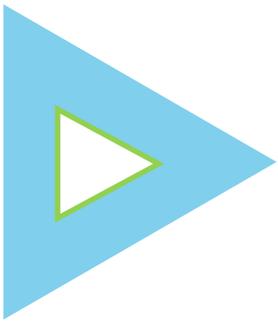
By undertaking this programme, candidates will be able to further their own continuous professional development, which may improve their career prospects.

Course delivery and assessment

The programme enables learners to complete the course in their own time, and all study material and resources are provided.

Learners have access to a tutor and the programme is marked based on modular assessment. There is also the opportunity to work through a series of reflective activities designed to reinforce the learning.





Course content

The Level 2 Certificate in the Principles of Care Planning comprises eight sections across two module workbooks as follows:

- ▶ Understanding person-centred thinking and planning
- ▶ Care planning for the care worker
- ▶ Principles of supporting an individual to maintain personal hygiene
- ▶ Practical resource development and research activities
- ▶ Understanding nutrition and hydration in health and social care settings
- ▶ Understanding continence care
- ▶ Principles of supporting sleep
- ▶ Case study/scenario development and research activities

Entry requirements

Learners should be aged 18 and over but otherwise there are no specific entry requirements for this programme.

For further information contact

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