

Making a Smoothie



Wash your hands



Put apron on



Wash the fruit it can be any fruit you like😊



Put the fruit and yoghurt in the blender



Press the switch to activate the blender or if you don't have a switch just press the button and listen and watch it go.



Watch it and listen to it being blended



Eat it and enjoy





Music

We love music activities/lessons at college so this would be a great way to have fun with all the family at home.

Do you have any instruments at home? If so, play them!

How much noise can you make?

Can you grasp onto an instrument?

Can you reach out for an instrument?

Can you independently explore/play an instrument e.g. shake a shaker?

Can you join in with singing a song?

Can you move/dance to a song/music?

Can you make an instrument out of household items?
(saucepan and wooden spoon)

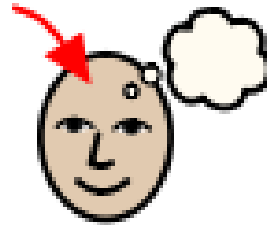
Can you video a clip of you doing this and send it in and then join in with a teams session when we are playing our musical instruments and songs.

<https://youtu.be/mMpK4L2xkZw?t=59> this is a good video to give you some inspiration





Home



Learning

Please send any photos, videos or
feedback to tracey.smith@hereward.ac.uk



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