

Home Learning

# Scrambled Egg

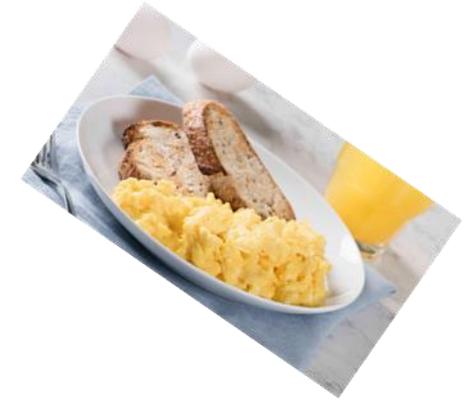


HerewardCollege  
PROMOTING INDIVIDUAL ACHIEVEMENT

## Learning Objectives

### Independence Skills

- Health and Safety regarding heat - using the microwave
- Health and Safety regarding food, kitchen and personal hygiene
- Handling raw ingredients - eggs



### Mathematics

- Quantity - recognition of number, counting
- Temperature - hot / cold
- Time - recognition of the time in minutes / seconds, using a clock / timer

### English - Communication

Vocabulary - naming common household ingredients and utensils

### English - reading

Recognition of letters in upper and lower case, simple words, phonemes, digraphs and consonant clusters.

Types of text - instructions and reading for pleasure, poetry and rhyming couplets, recognition and reaction to repetition in stories

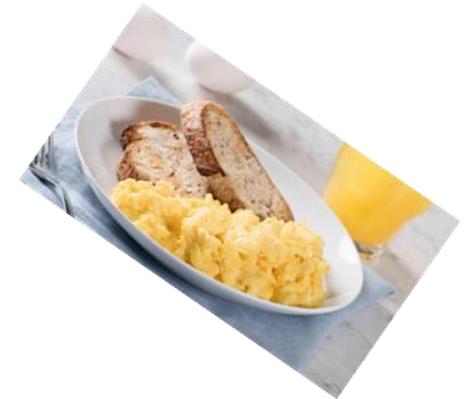


Recipe



Book

4.5.2020



Humpty Dumpty



Humpty Dumpty

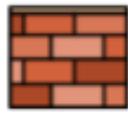


sat



on

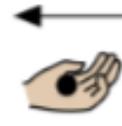
a



wall,

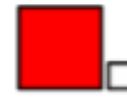


Humpty Dumpty



had

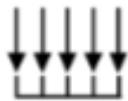
a



great



fall.



All

the



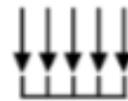
King's



horses



and



all

the



King's



men



couldn't

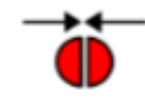


put

Humpty

together

again.





Get ready to cook:



tie hair up



wipe the table

and



surfaces



take off



jewellery



put on

an



apron



wash your hands

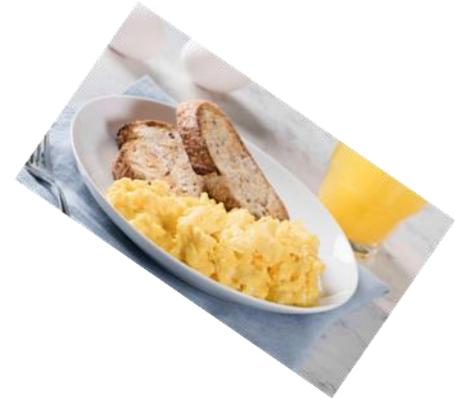
# Make your own Scrambled Eggs



Ingredients

2 Eggs  
Herbs  
Seasoning

Toast  
Bread  
Butter



# Make your own Scrambled Eggs - microwave

Equipment

Microwave

Microwave bowl / jug

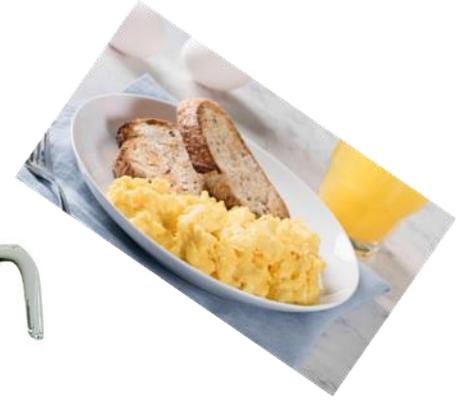
Fork

Plate

Toast

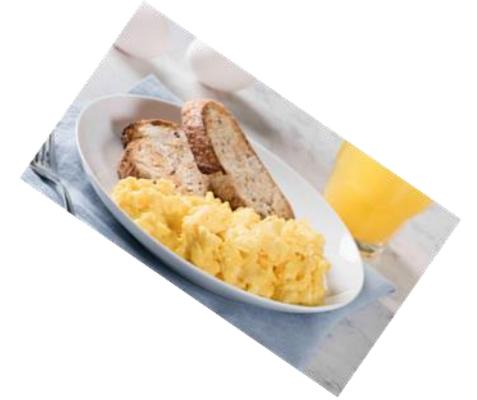
Toaster / grill

Knife





## Making the Eggs



Break the eggs into the bowl / jug.

### Breaking the eggs

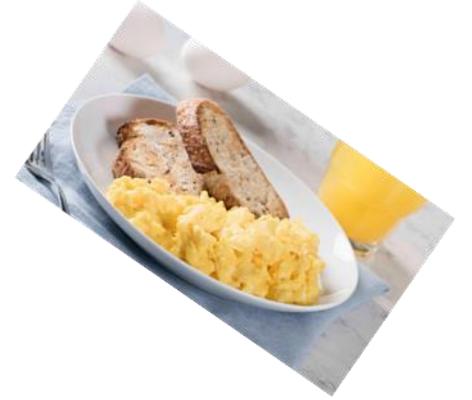
1. Tap gently on the side of the bowl / jug until you hear the shell crack
2. Place your thumbs either side of the crack in the shell
3. Pull the egg apart gently supporting the egg underneath with your fingers
4. Remember be gentle.

NB. If you have a problem with cracking the egg then tap gently with a knife to crack before breaking apart.





## Making the Eggs



Add herbs, salt and pepper to taste.

Use the fork to whisk the eggs until they are mixed together and frothy.

Place in the microwave on a medium heat for 30 seconds

Take out and whisk again

Repeat until the eggs are just cooked, they should be soft and still slightly damp.





## Making the Toast



Place 2 slices of bread - wholemeal or white into the toaster and switch on  
When ready take out carefully and place on a plate  
Butter the toast if you want to  
Place the scrambled eggs onto or to the side of the toast as you like.  
Add sauce, salt, pepper etc to preference.  
Enjoy a healthy quick snack.



## Key Words



scrambled  
eggs



microwave



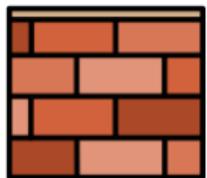
toaster



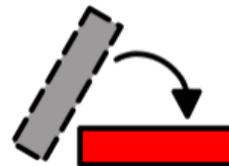
fork



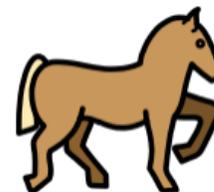
Humpty  
Dumpty



wall



fall



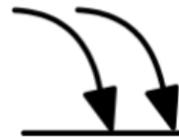
horses



men



together



again



King